



Gray Eagle Swim Team Handbook 2019

Section 1

GENERAL INFORMATION

STATEMENT OF PURPOSE

- To provide recreational, fun swimming for our children during the summer months.
- To learn proper swimming strokes and to learn how a swim meet is conducted.
- To swim in a friendly competition with neighboring teams.
- To build children's self-esteem and confidence through swimming.

TEAM PHILOSOPHY

Gray Eagle Swim Team is designed to convey an understanding and appreciation for the fundamental skills involved in swimming, while providing a competitive atmosphere. We stress sportsmanship, respect, participation, self-discipline, and most of all...FUN and FRIENDSHIP.

SUBURBAN SWIM LEAGUE

Summer Break	Gray Eagle	Windermere
River Glen	Avalon	Plum Creek

SWIM TEAM ELIGIBILITY

June 1st is the eligibility date established by the Suburban Swim League. Therefore, whatever age your child is on June 1st that is the age group he or she will swim with this summer. All swimmers must be under the age of 15, on or before June 1st.

The six and under group will swim 12.5 meters for all meets and in the Invitational. There will be no assistance in the 1st heat in six & under. The rests of the heats will have "spotters". Swimmers should be able to swim the meet distance with minimal help. Spotters should be there more for confidence than actually holding them up. If the swimmer cannot swim in deep water, swim lessons may be a better fit.

AGE GROUPING

- 14-13 year olds
- 12-11 year olds
- 10-9 year olds
- 8-7 year olds
- 6 years old & under

GRAY EAGLE SWIM TEAM COACHING STAFF

Head Coach: Kylie Sutherlin

Cell: 317-752-8465

Email: kyliebelle@comcast.net

Assistant Coaches: Nathan Brown, Lily Connelly, Anya Neumeister

Team Parents:

Kimberly Joyce- kcjoyce03@yahoo.com

Chad Bailey- chad@intrepidfinancial.com

QUESTIONS TO COACHES

Please limit communication with coaches **during** practices or meets. If for any reason you need to communicate with a coach, please do so through e-mail, telephone or in person after practice is over. Tying up the time of our coached diminishes practice time for all swimmers.

FEES

Gray Eagle Swim Club Pool Members - \$130.00 for each child (fee *INCLUDES T-shirt, cap, the invitational and the cost of Meet Central per swimmer*).

Non Gray Eagle Swim Club Pool Members - \$160.00 for each child

There is a discount for three or more children. The fee for a 3rd child and any additional children in the family will be \$105.00 each for pool members and \$125.00 each for Non-Pool Members.

ALL SWIM TEAM FEES ARE FINAL.

****Please make your checks payable to Gray Eagle Swim Club.****

PRACTICE SCHEDULE

Monday-Friday (unless otherwise noted)

<u>Age Group</u>	<u>Time</u>
11-12 & 13-14	8:30 – 9:30 AM
7-8 & 9-10	9:30 – 10:30 AM
5-6	10:30 – 11:00 AM

Note: Times are subject to change if deemed necessary by the coaching staff

**Swimmers are not required to be at every practice, but should realize that the work and effort that is put into practices will be reflected in their meet performance.*

SWIM TEAM CALL-OUT MEETING

Tuesday April 30th at 6:00pm at the Gray Eagle Swim Club Pool Deck

Learn about the team, meet coaches, ask questions and register.

Runners Forum will be available to order suits. Deadline to order suits is **FRIDAY, MAY 3rd.**

Section 2:

SWIM MEETS

2019 SWIM MEET SCHEDULE & IMPORTANT DATES

TUESDAY, MAY 28: 1st Day of PRACTICE!!

MONDAY, JUNE 3: Interquad/ Practice Meet during swim practice 9AM-11AM

<u>Date</u>	<u>HOME Team</u>	<u>AWAY Team</u>	<u>Time</u>	<u>Registration Deadline on TeamSnap</u>
Thurs, June 6	River Glen	Gray Eagle	5:00	May 30
Tues, June 11	Windermere	Gray Eagle	5:00	June 6
Thurs, June 13	Gray Eagle	Plum Creek	5:00	June 6
Tues, June 18	Summer Break	Gray Eagle	5:00	June 13
Thurs, June 20	Gray Eagle	Avalon	5:00	June 13
Tues, June 25	Gray Eagle	River Glen	5:00	June 20
Thurs, June 27	HSE	INVITATIONAL	TBA, approx 8am-3pm	<u>JUNE 17</u>
Friday, June 28	Gray Eagle	End of Season Breakfast Party!!	9:30-11am	June 20

AWAY MEET LOCATIONS

- **Summer Break:** 8376 E 141st St, Fishers, IN 46038
- **Plum Creek:** 12338 Medalist Pkwy, Carmel, IN 46033
- **Avalon of Fishers:** 12915 Thames Drive, Fishers, IN 46037
- **River Glen Country Club:** 12010 Clubhouse Drive, Fishers, IN 46038
- **Windermere:** 9782 Mollenkopf Rd., Fishers, IN 46037

SWIM MEET SIGN UPS

Meets will take place on Tuesday and Thursday evenings. Good manners, team spirit and sportsmanship are required.

** Parents must sign up each swimmer for EVERY meet he or she will be participating in online via Team Snap by the posted deadline (see schedule above). Team Snap instructions will be sent out to the team.

Any swimmer who has not indicated their participation status for a meet will not be put in the line-up for that meet. If a swimmer who has not signed up for a meet and shows up to a meet, he/she will not be guaranteed to swim.

If for any reason, you will not be able to attend a meet that you have previously made a commitment, please call Coach Kylie as soon as possible (not showing up for meet slows the entire meet. Please let us know.)

SWIM MEET ATTENDANCE

Arrive at Home meets by 4:00 p.m. and Away meets by 4:15 p.m. for warm-ups.

1. Sign in
2. Report to Gray Eagle designated area
3. Check events
4. Use Sharpie to write the following info on swimmer's right shoulder
 - a. Last Name
 - b. Swimmer ID number
 - c. Event number, name ie: Event #6 50 Free
5. Stay with Team and Age Group. Report back to this place after each event. If we cannot find the swimmer, we will not delay the meet to look for them. They will miss their event.
6. 6 and unders swim ALL their events at the beginning of the meet starting at 5:00.
7. Meets vary in length depending on size of the teams. Generally meets are over between 8:00-9:00.

SWIMMING UP

A swimmer may swim up (1) age group in a single event. A swimmer may swim up more than (1) age group only if there is no other willing swimmer from that age group to swim that event. A swimmer may only swim in an individual event (1) time. For example, "Swimmer X" may only swim 7-8 Breaststroke or 9-10 Breaststroke, not both.

DISQUALIFICATION

For age groups 7 and up, swimmers in the 1st heat will be disqualified for improper strokes and starts. Disqualification affects the team score. All swimmers will continue to receive ribbons.

BASIC TERMS

Strokes – freestyle, backstroke, butterfly and breaststroke

Event – individual or relay races of freestyle, backstroke, butterfly and breaststroke

Heat – multiple races within the same event organized by age group

Medley – race consisting of all four strokes

WEATHER

Inclement weather is inevitable during our swim season.

Practices: Coaches will determine practice cancellation. An email through Team Snap and a text message will be sent to the team. Practice may have a one-hour delay and there will be an abbreviated schedule if weather is expected to clear.

Meets: All swimmers are required to show up at the designated time. Any weather decision is the responsibility of the HOME/hosting team to cancel any meet. If the weather is questionable, and the teams are waiting it out, the meet will be called by 6 p.m. Swimmers are required to stay until a decision has been made. Meets are not made up.

TEAM SWIMWEAR

Team suits will be available through Runners Forum. You may purchase at the call out or go to their shop (14033 Mundy Dr, Fishers, IN 46038). Deadline to order is Friday, May 3th. Team Suit will be black suits with the Gray Eagle logo.

Section 3: VOLUNTEER RESPONSIBILITIES

VOLUNTEER SYSTEM

Gray Eagle Swim Club parents are key to having a successful swim team!

- All families are **REQUIRED** to work a minimum of three (3) entire meets (including 6 and under parents) PLUS the Invitational. **Volunteers need to arrive by 4:30 p.m.**
- All families are **REQUIRED** to participate in the Volunteer Deposit Program.
- Sign up to volunteer no later than Mon June 3 with Sign Up Genius.
- We provide volunteers for both HOME and AWAY meets

2019 GRAY EAGLE SWIM TEAM VOLUNTEER DEPOSIT

We understand that there are differing opinions concerning the need for parents to volunteer, but some actually enjoy it while others would simply prefer to watch the swim meet. We agree with both sides of thought, so we have come up with a plan that gives you a choice; a “Volunteer Deposit Program.”

The Volunteer Deposit Program is just that, a DEPOSIT, where each family will have 2 options:

- (1) Volunteer to earn the entire amount back OR
- (2) Make payment to cover the cost of employing local teenagers to work in their place.

Regardless of your choice this deposit will be required for all swim team parents.

- The deposit is \$130 for each family required at registration.
Deposit must be a separate check separate of the registration fee payable to Gray Eagle Swim Club.
- Each family has the opportunity to earn back the full deposit by volunteering **to work 3 swim meets in addition to the Invitational meet.** Volunteers must be age 15+
- Volunteer sign up deadline is **Monday, June 3rd via “Sign Up Genius.”**
- The Invitational meet is mandatory and will not count toward the three (3) required volunteer positions.
- Rainout dates will NOT be required to be rescheduled and will count as a shift worked.
- If you fail to work a meet that you have signed up for, your deposit will be cashed to help cover the cost for an employee to work that meet. **Please call the team parent if you are unable to work a meet that you have already committed to.**
- After you have worked three (3) swim meets and the Invitational, the volunteer deposit check will be destroyed on July 10 unless other arrangements have been made.
- **Those families choosing not to work a swim meet will have their checks cashed on Tuesday, June 4th.** This money will go to pay for a replacement.

We are very excited about this program as it provides a win, win for everyone. Those who chose to volunteer pay nothing and those who would prefer not to work are no longer required to do so. This is something several other area programs have incorporated into their league(s) and all view it as a resounding success.

VOLUNTEER DESCRIPTIONS:

TIMERS (2)

- Sits with the Ribbon Writer at the end of the lane.
- Times are recorded next to the swimmer's name on the meet line-up sheet
- Verify correct swimmers are in correct lane and heat. Verify that relay swimmer order matches, if names are listed
- Start stopwatch from the sound of horn

SCOREKEEPER (1)

- There are 2 Scorekeepers, one from each team. Responsible for keeping the point totals on a simple to follow score sheet
- Must be an adult

RIBBON WRITER (2)

- Responsible for writing the correct placement ribbon for the swimmers in their lane at the end of each heat. Write swimmer's name and time on ribbon
- Sits with the Timer at the end of the lane

HOSPITALITY (1-2) (Home meets ONLY)

- Organize ribbons as the meet progresses
- Deliver ribbons to Ribbon Writers as meet progresses
- Deliver drinks to any volunteer workers who are unable to leave their positions during the meet
- Fills in when needed for other positions (i.e. bathroom breaks)

CLERK OF COURSE (4 – 2 at each end)

- Line up younger swimmers by the heat and lane
- Take them to their start position on time
- Must have 2 of 4 adults

HOLDING AREA ATTENDANT (1)

- Oversees swimmers holding area and gathers swimmers for Clerk of Course

GRAY EAGLE SWIM TEAM WAIVER 2019

Swimmer's Name: _____ DOB: _____ AGE*: _____ T-shirt Size: YM YL S M L

Swimmer's Name: _____ DOB: _____ AGE*: _____ T-shirt Size: YM YL S M L

Swimmer's Name: _____ DOB: _____ AGE*: _____ T-shirt Size: YM YL S M L

Medical Information and Emergency Contact:

Swimmer's Name: _____ Medical Condition? Yes / No

If Yes, Please Explain: _____

Swimmer's Name: _____ Medical Condition? Yes / No

If Yes, Please Explain: _____

Swimmer's Name: _____ Medical Condition? Yes / No

If Yes, Please Explain: _____

Emergency Contact

Name: _____ Relationship: _____ Number: _____

Liability Waiver

We the parents of _____ / _____ / _____

do hereby give our approval to our child's/children's participation in swimming and other activities of Gray Eagle Swim Team during the 2019 summer season. We assume all risks and hazards incidental to our child's/children's participation in the sport or other activity, including transportation to and from meets, practices, or other events. We hereby release, and agree to indemnify and save harmless Gray Eagle Swim Team, Gray Eagle Swim Club, LLC, Pyle's Pools, Inc. a/k/a Pyle's Pools, the coaches, swim moms and dads, other volunteers, lifeguards, any other participating or sponsoring organizations, and all employees, directors, officers, officials, members, successors and assigns, representatives, and agents of the foregoing released parties; from all claims, lawsuits, or actions of any kind including for any and all injuries, casualties, damage or losses incurred by us or resulting to our child(ren), by reason of participation in any activity sponsored by the Gray Eagle Swim Team, or use of the Gray Eagle Swim Club. We give permission for our child/children to participate in Gray Eagle Swim Team for the summer of 2019. I fully understand that my child(ren) is injured in any way, I will not hold Gray Eagle Swim Team, Gray Eagle Swim Club, LLC, Pyle's Pools, Inc., the coaches, swim moms and dads, and any other participating or sponsoring organizations and all employees, officials, representatives and agents of such organizations or persons responsible.

Parent/Guardian Signature _____ Date: _____

Parent/Guardian Name Printed _____ Relationship to Child _____

E-mail: _____ Home or Cell Phone: _____

Address: _____

2018 Pool Member (circle one): yes no

For office use only: Cash _____ Check # _____ Date _____

2018 GRAY EAGLE SWIM TEAM VOLUNTEER DEPOSIT
ACKNOWLEDGEMENT

I have read and acknowledged the above Volunteer Deposit Policy. I understand that if I do not sign up to work three (3) swim meets and the Invitational meet by **Monday, June 3th** that my deposit check will be cashed on **Tuesday, June 4th** to cover the cost to employ someone to work in the place.

Please fill out this form and attach a **SEPARATE** check from your registration amount made out to Gray Eagle Swim Club.

Parents Printed Name: _____

Signature: _____ Date: _____

Check #: _____

Check One:

_____ I chose to Volunteer

_____ I chose NOT to Volunteer

For office use only:

Volunteer dates: _____

Volunteer Commitment fulfilled? Yes No

Check Return Date: _____

Check Cashed Date: _____